

# Gandhi Samaj of Chicago

## Youth Career Planning Seminar

Hiren D. Ghayal, M.A.

Clinical Psychology



# Objectives

- ◆ Description of Clinical Psychology
- ◆ Educational Background
- ◆ Personal Interests and Goals
- ◆ Career Outlook
- ◆ Recommendations
- ◆ Questions



# Video

- <https://www.youtube.com/watch?v=Ow2FzpAvrtg>

# Clinical Psychology

- ◆ Mental Health
- ◆ Evaluating and preventing mental and emotional disorders
- ◆ Promoting human adaptation and adjustment
- ◆ Intellectual, emotional, biological, psychological, social, and behavioral aspects of human functioning

# Educational Background

- ◆ Bachelor's Degree, 2011
  - ◆ Loyola University Chicago
  - ◆ Bachelor's in Biology and Psychology
- ◆ Master's Degree, 2013
  - ◆ Masters in Clinical Psychology
- ◆ Doctorate-expected June 2016

# Job Description

- ◆ Academia
  - ◆ Teaching
  - ◆ Research
  - ◆ Writing articles and books
- ◆ Assessment
- ◆ Treatment
- ◆ Consultation Services
- ◆ Clinical Supervision

# Personal Interests

- ◆ Human Behavior
- ◆ Help others improve quality of life
- ◆ Pediatrics
- ◆ Holistic approach



# Work Environment

- ◆ Private practice
- ◆ Mental health clinics
- ◆ Healthcare service organizations
- ◆ Hospitals
- ◆ Schools/Universities



# Career Outlook

- ◆ Job Forecast: Partly Sunny!
- ◆ 15-20% Growth increase
  - ◆ Geropsychology
  - ◆ Neuropsychology
  - ◆ Industrial Psychology



# General Requirements

- ◆ Bachelors Degree from 4-year institution
  - ◆ Psychology and Biology degree (most helpful)
- ◆ 5 year Doctorate program
- ◆ Total AFTER High School: 9 years
- ◆ Volunteer work, practicum experience, rotations, extra curricular activities, clubs/organizations, sports

# Specialties

- ◆ Pediatric Psychology
- ◆ Child and Adolescent Psychology
- ◆ Geropsychology
- ◆ Neuropsychology
- ◆ School Psychology
- ◆ Sports Psychology
- ◆ Industrial Psychology

# Recommendations



# Questions?

- ◆ Hiren D. Ghayal
- ◆ [Hiren.Ghayal@gmail.com](mailto:Hiren.Ghayal@gmail.com)

